**Welcome Club – introduction Fun Day**

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| Materials | |
| Activity 1 | blanket |
| Activity 2 | NA |
| Activity 3 | pub nets, soccer ball |

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| Objective |
| 1. Coaches get to know students names and personality 2. Students have fun. |

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| Welcome Students – *15 minutes* |
| Boys and girls will check-in at separate classrooms. (Boys-Room 14. Girls-Room 11).   1. 1 Coach instructs students to line up outside and takes attendance. Be prepared to add new students to the roster. Ask the new student their *first name, last name, grade* and *teachers name* (if they do not know the teacher’s name that’s ok...the first 3 are a must). 2. Remaining Coaches unstack chairs and prep group tables. Every table needs: snacks/drinks, name tags, group’s-colored markers and hand sanitizer. Talk with students while they have their snacks. Use questions below to start conversation.     Prompt Questions: Do you remember what last week’s lesson was about? What does sincerity mean?  What do you do when you are feeling angry?  Materials: name tags, sign in sheet, pens, granola bar, drink |

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| Activity: Clumps – *10 minutes* |
| To play this game a coach will call out a number all players will rush to get into groups of that number. The coach says 4. All the students must run and get into groups of 4.   * The numbers called out can be as small at 1 and as large as the whole group. * Warning to not do anything that is 1 or 2 players short of the whole group.   Variation of this game is: Canoe, house, pick a mango  To play this variation the coach calls out one of the following canoe, house, or mango. The players then need to get into the configuration that the coach say. Megan and Makayla will demonstrate.  Canoe- 5 players sit in a line and pretend to be rowing in a canoe.  House- 2 students put hands together making the shape of a house while a 3rd student sit in between the two students ‘in the house’  Mango- One player jumps on the back of the other player. They player on the back pretends to be reaching for a mango.  Materials: NA |

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| Activity – blanket game *15 minutes* |
| After introducing themselves everyone will play the blanket game where players will be split into two teams. The teams will each send forward 1 player. The blanket is then dropped and the two students have to try and say what the other player’s name is.   1. Everyone introduces themselves and says their name and their favorite candy 2. Everyone is then split into two teams. 3. Two coaches hold up a blanket so the teams can’t see each other. 4. The teams each send forward a player. 5. The Coaches holding the blanket drop the blanket. 6. The two players try to say each other’s name first. 7. Once one of the players have said the others name the team with the player that guessed first gets ta point. 8. The blanket is then raised and new players are sent forward.   Continue to play until everyone has gotten a chance to be the person on the other side of the blanket.  Materials: Blanket |

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| Activity: Steal the chicken – *20 minutes* |
| Everyone will go outside to play this game. Players will be split into 2 teams. Each team will line up on the side of their goal. The coach stands in the middle of the field holding a soccer ball. In each team every player is given a number. The coach then call out a number and tosses the ball. The 2 students that match that number run forward and try to kick the ball into the opposite teams goal.   1. 2 team each on the other side of the field. 2. Each player gets a number. 3. The coach calls out a number and the player with that number runs forward and plays 1v1 soccer. 4. Once 1 player gets the ball in to the net that player’s team gets a point. 5. The players reset and steps 3-4 are repeated until everyone has a chance to play.   Materials: pub nets, soccer ball |

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| Homework – *30 minutes* |
| Description of expectations for homework time.  Coaches: Have students show you their homework.   * Give students supplies to do homework. * Be available to help them.   Registration forms   * Give students registration forms and write students name on the form. * Reinforce that their parents need to fill out the highlighted section and return the form to \_\_\_\_\_\_ tomorrow. |

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| Clean up – 10 *minutes* |
| Table Coaches: Instruct students to pick up and throw away trash before they leave.   1. Pick up and throw away trash. 2. Sweep floor 3. Clean up WC supplies   Coaches stay behind for a debrief   * What was a high from today? * What was a low? * Did you have any special moments with the students? * Was everything clear in the curriculum? |